

# *Medicine with Words*



*Imagine if every word you spoke,  
earned you \$1, but not speaking,  
earned you \$2. Would you spend more  
time listening?*

*Elizabeth Blake-Thomas*

# *Chapters*

- I. Healing through happiness*
- II. Clearing your senses*
- III. Writing your story*
- IV. Living without fear*
- V. Changing your soundtrack*
- VI. Storytelling by the firepit*

# *Breakdown*

## *Healing through happiness*

*Rediscovering your joy to help resolve unknown conflict in your soul*

## *Clearing your senses*

*Stepping away from everyday distractions in order to unblock your receptors*

## *Writing your story*

*Creating the pathways for you to choose from when deciding in which direction your life is going*

## *Living without fear*

*Breaking down the reality of why you are your own barrier*

## *Changing your soundtrack*

*Using practical adjustments in your life to help guide you towards personal clarity*

## *Storytelling by the firepit*

*Reminding you of your childlike wonder by listening to stories and creating a world in your imagination*

## *Epilogue*

### *Costs and timings:*

#### *Per one person:*

*1 Hour: \$250*

*1 Day (10a-4p): \$1000*

*1 Week (7 days): \$5000*

#### *Per group of 3:*

*1 Hour: \$300 (\$100/person)*

*1 Day (10a-4p): \$1500*

*1 Week (5 days): \$5000*

*(For retreat inquiries, please text or  
call 347.659.7339)*

### *Location:*

*Story boat - Hermosa Beach, CA*

*Story bus - Can travel in U.S*

*Little visit - At your abode*

*Retreat - Global*